

GOOD MORNING & WELCOME

Welcome to everyone joining us for worship this morning. Whether or not you consider yourselves members of this congregation, we are glad you are here. If the flow of worship should seem unfamiliar to you, relax and let God's presence envelop you, without a worry about when to stand, sit or kneel. If you are new to St. John's, please sign our guest register.

> **Please silence all cell phones and other noise-making devices before the start of the service. Thank you.**

The Rev. Nathan D Carr – Vicar The Rev. William Font – Priest Associate The Rev. Lisa Chronister – Deacon Cynthia Cortright D.M.A. – Organist / Choir Director Daisy Leyva-Lara – Children's Coordinator Victoria Moon – Nursery Attendant

Serving Today:

Cantor – Doug Rogez Greeters / Oblationers – Paul Kramer and Barbie Garrison Lay Readers – Jade Rodgers and Eli Mooney Chalice Bearers – Troy Vance, Mark Anderson and Patricia Riden Acolytes – Charlie Bornman, Cornel Bornman, Latoya Burris, Esther Carr, Ezra Carr, Ian Carr, Lewis Carr, Olive Kate Carr, Andy Fuller, Birch Kolb, Charlie Kolb, Truitt Kolb, Eli Mooney, Finn Newberry, Graham Newberry, Sir Patton, Jade Rodgers, Troy Vance and Kaden Watson Live Streaming – Aaron Mooney Children's Activities – Victoria Moon

> St. John's Episcopal Church 5401 N. Brookline Ave. Oklahoma City, OK 73112 Telephone: 405-943-8548 Office Hours: Tuesday through Friday 9:00 a.m. to 3:00 p.m. or by appointment

Email address: stjohnsokc@yahoo.com Web site: stjohnsokc.org Facebook page: facebook.com/stjohnsokc

The Fifth Sunday after the Epiphany – Year B Acolyte Sunday

Rite II – Holy Eucharist & Hymns – February 4, 2024 – 10:15 AM

The Word of God

Prelude

Processional

The Hymnal, #410

Praise, my soul, the King of heaven; to his feet thy tribute bring; ransomed, healed, restored, forgiven, evermore his praises sing: Alleluia, alleluia! Praise the everlasting King.

Praise him for his grace and favor to his people in distress; praise him still the same as ever, slow to chide, and swift to bless: Alleluia, alleluia! Glorious in his faithfulness. Father-like he tends and spares us; well our feeble frame he knows; in his hand he gently bears us, rescues us from all our foes. Alleluia, alleluia! Widely yet his mercy flows.

Angels, help us to adore him; ye behold him face to face; sun and moon, bow down before him, dwellers all in time and space. Alleluia, alleluia! Praise with us the God of grace.

CelebrantBlessed be God: Father, Son, and Holy Spirit.PeopleAnd blessed be his kingdom, now and for ever. Amen.CelebrantAlmighty God, to you all hearts are open, all desires known, and from you no secrets are
hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may
perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria

The Hymnal, S280

Glory to God in the highest, and peace to his people on earth.

Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory.

Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world: have mercy on us; you are seated at the right hand of the Father: receive our prayer.

For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. *Amen.*

CelebrantThe Lord be with you.PeopleAnd also with you.CelebrantLet us pray.

Collect of the Day

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

We Proclaim and Respond to the Word of God

The First Lesson

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth. and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth. when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth.

He does not faint or grow weary;

his understanding is unsearchable.

He gives power to the faint, and strengthens the powerless.

Even youths will faint and be weary, and the young will fall exhausted;

but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles,

they shall run and not be weary,

they shall walk and not faint.

The Word of the Lord

People Thanks be to God.

Psalm 147:1-12, 21c

1 Hallelujah!

How good it is to sing praises to our **God!** * how pleasant it is to honor him with **praise!**

2 The Lord rebuilds Jer**usalem**; * he gathers the exiles of **Israel**.

- 3 He heals the brokenhearted * and binds up their wounds.
- 4 He counts the number of the stars * and calls them all by their names.
- 5 Great is our Lord and mighty in **power**; * there is no limit to his **wisdom**.
- 6 The Lord lifts up the **lowly**, * but casts the wicked to the **ground.**
- 7 Sing to the Lord with thanks**giving**; * make music to our God upon the **harp**.
- 8 He covers the heavens with **clouds** * and prepares rain for the **earth**;
- 9 He makes grass to grow upon the **mountains** * and green plants to serve mankind.
- 10 He provides food for flocks and **herds** * and for the young ravens when they **cry**.
- 11 He is not impressed by the might of a **horse**; * he has no pleasure in the strength of a **man**;
- 12 But the Lord has pleasure in those who **fear** him, * in those who await his gracious favor.
- 21 Hallelujah!

The Second Lesson

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will,

Laudate Dominum

1 Corinthians 9:16-23

I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel.

For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

	The Word of the Lord.
People	Thanks be to God.

The Sequence Hymn

The Hymnal, #382

King of glory, King of peace, I will love thee; and that love may never cease, I will move thee. Thou hast granted my request, thou hast heard me; thou didst note my working breast, thou hast spared me. Wherefore with my utmost art I will sing thee; and the cream of all my heart, I will bring thee. Though my sins against me cried, thou didst clear me; and alone, when they replied, thou didst hear me

Seven whole days, not one in seven, I will praise thee; in my heart, though not in heaven, I can raise thee. Small it is in this poor sort to enroll thee; e'en eternity's too short to extol thee.

DeaconThe Holy Gospel of our Lord Jesus Christ according to Mark.PeopleGlory to you, Lord Christ.

The Holy Gospel

Mark 1:29-39

After Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the

message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons

DeaconThe Gospel of the Lord.PeoplePraise to you, Lord Christ.

Sermon

The Rev. Nathan Carr

BCP 358

The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen.

We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God. begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end. We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People

Form I

With all our heart and with all our mind, let us pray to the Lord, saying "Lord, have mercy."

For the peace from above, for the loving-kindness of God, and for the salvation of our souls, let us pray to the Lord. Lord, have mercy.

For the peace of the world, for the welfare of the Holy Church of God, and for the unity of all peoples, let us pray to the Lord. Lord, have mercy.

For Bishop Poulson, and for all the clergy and people, let us pray to the Lord.

Lord, have mercy.

For our President, for the leaders of the nations. and for all in authority, let us pray to the Lord. Lord, have mercy.

For Oklahoma City and for every city and community, and for those who live in them, let us pray to the Lord. Lord, have mercy.

For seasonable weather, and for an abundance of the fruits of the earth, let us pray to the Lord.

Lord, have mercy.

For the good earth which God has given us, and for the wisdom and will to conserve it, let us pray to the Lord. Lord, have mercy.

For those who travel on land, on water, or in the air, let us pray to the Lord.

Lord, have mercy.

For the aged and infirm, for the widowed and orphans, and for the sick and the suffering, let us pray to the Lord. Lord, have mercy.

For those on our prayer list, let us pray to the Lord. Lord, have mercy.

For the poor and the oppressed, for the unemployed and the destitute, for prisoners and captives, and for all who remember and care for them, let us pray to the Lord. Lord, have mercy.

For all who have died in the hope of the resurrection, and for all the departed, let us pray to the Lord. Lord, have mercy.

BCP 383

For deliverance from all danger, violence, oppression, and degradation, let us pray to the Lord. *Lord, have mercy.*

For the absolution and remission of our sins and offenses, let us pray to the Lord. *Lord, have mercy.*

That we may end our lives in faith and hope, without suffering and without reproach, let us pray to the Lord. *Lord, have mercy.*

Defend us, deliver us, and in thy compassion protect us, O Lord, by thy grace. *Lord, have mercy.*

In the communion of all the saints, let us commend ourselves, and one another, and all our life, to Christ our God. *To thee, O Lord our God.*

Silence. The Celebrant adds a concluding Collect.

Let us confess our sins against God and our neighbor.

Silence may be kept.

Leader and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Celebrant adds a concluding Collect

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Celebrant may add sentences from scripture Please stand

CelebrantThe peace of the Lord be always with you.PeopleAnd also with you.

Announcements

Commissioning and Recognition of Acolytes

Birthday and Anniversary Blessings

Blessing Prayer

O God, our times are in your hand: look with favor, we pray, on all those celebrating birthdays and anniversaries. Grant that they may grow in wisdom and grace; strengthen their trust in your goodness, and in their hearts may your peace, which passes understanding, abide all the days of their lives, through Jesus Christ our Lord. Amen.

Offertory

Celebrant	All things come of thee, O Lord.
People	And of thine own have we given thee.

Offertory Anthem

Saw You Never in the Twilight St. John's Choir

Harold Friedell

Saw you never, in the twilight, When the sun had left the skies, Up in Heav'n the clear stars shining Through the gloom, like silver eyes? So of old the wise men, watching, Saw a little stranger star, And they knew the King was given, And they followed it from afar.

Heard you never of the story How they crossed the desert wild, Journeyed on by plain and mountain, Till they found the holy Child? How they opened all their treasure, Kneeling to that infant King; Gave the gold and fragrant incense, Gave the myrrh in offering?

Know ye not that lowly Baby Was the bright and morning Star? He Who came to light the Gentiles, And the darkened isles afar? And we, too, may seek His cradle; There our hearts' best treasures bring; Love, and faith, and true devotion For our Savior, God and King.

The Great Thanksgiving

Eucharistic Prayer B

The people remain standing. The Celebrant, whether bishop or priest, faces them and sings or says

Celebrant	The Lord be with you.
People	And also with you.
Celebrant	Lift up your hearts.
People	We lift them to the Lord.
Celebrant	Let us give thanks to the Lord our God.
People	It is right to give him thanks and praise.

Then, facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is sung or said on all Sundays, and on other occasions as appointed.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Celebrant and People

Holy, holy, holy Lord, God of power and might, heaven and earth are full of your glory. Hosanna in the highest.
Blessed is he who comes in the name of the Lord. Hosanna in the highest.

The people stand or kneel. Then the Celebrant continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me." Therefore, according to his command, O Father,

Celebrant and People

We remember his death, We proclaim his resurrection, We await his coming in glory;

The Celebrant continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

And now, as our Savior Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy Name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, and the power, and the glory for ever and ever. Amen.

The Breaking of the Bread

CelebrantAlleluia. Christ our Passover is sacrificed for us;PeopleTherefore, let us keep the feast. Alleluia.

Agnus Dei

Lamb of God, you take away the sins of the world: have mercy upon us. Lamb of God, you take away the sins of the world: have mercy upon us. Lamb of God, you take away the sins of the world: grant us peace. The Hymnal, S163

Holy Communion

Communion Hymn

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The Hymnal, #335
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335 Holy Eucharist ħ 7 of will am life: they who the 1 bread 2 (The) 3 (Un-) Bread that _ I give_ eat_ is of my the you sur be less. 4 5 (Yes,) re rec -lieve T am the . -. tion that. Lord ħ Ð they who be and they who ______ and _____ They who be to for of shall life Son am world, __ Man ____ me the the hun ger; not. 23 com of of_____ the__ the Flesh Flesh _ . life. 4 Ι. 5 are the Christ, the y ž not this his in of 1 lieve in me shall thirst. No can come to one for with they has of of shall live not have life ven if 2 eat_____ drink bread, Blood, they 3 4 5 shall you lieve_ me, God e who Son -h -1 me____ 2 ev -<u>3</u> in 4 die,____ 5 come__ less they shall un Fa ther draw them. ev in ev er. you. er. er, live for not have shall_ life live with for you, you they in to the world. Des AAA P ____ 4 And I will them and I will raise raise up, them Refrain 1 Ē. Ī And I will will raise them and I raise them up, d, p. rds: © 1970, 1975, Celebration will and I rais them the up, on up 1 ₹ A. 11.4 Final Ending 0 4 0 day. 5 Yes, last day. (1) 10 8 2 The $\begin{array}{c}
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\end{array}$ last day. day. The descant may be sung after stanzas 4 and 5. Words: Suzanne Toolan (b. 1927); adapt. of John 6 Music: I Am the Bread of Life, Suzanne Toolan (b. 1927); arr. Betty Pulkingham (b. 1928) Irr. with Refrain

Let us pray. *Celebrant and People*

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Recessional

The Hymnal, #473

Refrain: Lift high the cross, the love of Christ proclaim till all the world adore his sacred Name.

1. Led on their way by this triumphant sign, the hosts of God in conquering ranks combine. [Refrain]

2. Each newborn servant of the Crucified bears on the brow the seal of him who died. [Refrain]

3 O Lord, once lifted on the glorious tree, as thou hast promised, draw the world to thee. [Refrain]

4 So shall our song of triumph ever be: praise to the Crucified for victory. [Refrain]

Dismissal Response: Thanks be to God!

Postlude

PRAYER LIST

Please hold the following people in your ongoing prayers:

Audrey Beverly Bradley Bob Braiden Sarah Brewer Margaret Brown Lewis Honor Carr Nancy Carr Jeff Clemens Kathie Clemens Dave Coleson Sue Collins Sir Michael Dawson Stephanie Dunham Dru Ed Sharon Ellington Jean and John Freeman Agatha Gasperoni Myrna Gowman John Greiner Steve Hammontree Aimee Hanneman Kimberly Hopper Dr. J Jack Jessica

Nancy Jones Judd Karl Drew Kolb Sarah Kramer Jean Ledet & Chad Dixon Gary and Kathleen Lee Denys Lenets Kara Lynn Ron Marlett Tony Marruchella Mary Leland Mayo Betty & Delbert Millican and Ryan Lightfoot Trish Morgan Christina Morris Paul Mosier Deborah Nelson Joy Nelson Pam Babette Patton Patty Penny Peter

Monte Pratt Mathew Revnolds Kathleen Rhodes Rob, Ruthie and Samuel Adrienne Robertson Sahar Scott Salladin Seth Betty Sinclair Family of Kenneth Sosna John Steward and Lee DeWitt Martha Steward Nancy Steward Susan Sydney and Troy Ed Tebow Sarah Tracy Tyler and Dru Donna Walters Mary Jo Watson Pat Westervelt Gordon Welch Will Bob and Ginny Wynn

Altar Gifts

Today's flowers and candle given by Deborah Nelson, Paul and Peggy Maeder in loving memory of David Zachary Nelson on his birthday.

If you would like to donate towards flowers in memory or honor of someone close to you, please call Nancy at the church office. Suggested donation for the altar flowers is \$50, or \$10 for the sanctuary candle.

Birthdays This Week

4 Vivian Dewar
5 Nancy Steward
5 Sharon Ellington
5 Sophie Greenley
6 Chris Greenley
7 Ginny Wynn
8 Terry Dolese
9 Rosemary Rodgers

Anniversaries

There are no anniversaries this week

Announcements

We are so very grateful to the Grisson family for the new, solar-reflective windows throughout the Nave in and new carpeting which is currently being installed. These amazing gifts are given in honor of Jim Grissom. What a beautiful refreshing look for our Nave and Narthex. Thank you to Julie and Michael Grissom for all you do for St John's Church.

Join us today at Johnnies Grille on Britton Road for our second St. John's Gathering. If you missed our first gathering at Johnnies last fall, you won't want to miss this. We have reserved the big room at the Britton Rd. location. Just come on through the line and join us in the back room where we can make all the noise we want (don't tell the kids!).

On Tuesday, February 13, we will mark Shrove Tuesday with a rice and bean potluck supper. Mark your calendars for 6:30 pm. Information on what to bring for the meal is forthcoming. The Ash Wednesday Eucharist will be at 7:00 on February 14.

Young Families: Last year's distribution of handmade Valentines to homebound and widowed parishioners was a huge success. Let's do it again! We will meet this year on Saturday, Feb 10, at the Bornman residence to continue this joyful project in the new year.

The Forward Day by Day booklets are now available in the Narthex.

UPDATE OF OFFICE HOURS Closed Monday, Tuesday and Thursday Open Wednesday from 9:00 to 12:30 (Cherie Tompkins) and Friday from 9:00 to noon (Pat Riden) Watch for updates as Nancy is able to return to work in the coming week(s).

If you have spiritual matters that need attention, please contact Fr. Nate at <u>ndcarr@email.com</u>

> For facility maintenance matters, please contact J Michael Grissom by text at 405-414-7585